

21/22
MARCH

ISCRA
SEMINAR



Under the patronage of



Società Italiana di Ricerca
e Terapia Sistemica (SIRTS)



SYSTEMIC VOICES FOR PEACE

PROMOTING HEALTH
=
PROMOTING PEACE



MODENA/ONLINE

THE EVENT INVOLVES PROFESSIONALS AND YOUNG PEOPLE, SUPPORTING THE **SYSTEMIC MANIFESTO FOR PEACE** AND PROMOTING COMMUNITY WELL-BEING WITH INNOVATIVE PRACTICES. THE CONFERENCE IS INTERACTIVE AND EMPHASIZES THAT HEALTH COMES FROM **RELATIONSHIPS, SOCIETY AND POLITICS:** PROMOTING HEALTH MEANS **FOSTERING PEACE, INCLUSION AND RESPONSIBILITY**, WITH ATTENTION TO VULNERABLE PEOPLE AND THE STRENGTHENING OF COMMUNITIES.

PARTECIPANTS

*CIGDEM ALPER
CHARLIE AZZOPARDI
FABIO BASSOLI
PAOLO BELLUZZI
HELGA HANKS
PHIL KEARNEY
RITA LAPELLA
CINTHE LEMMENS
MAURO MARIOTTI
LIA MASTROPAOLO
VALERIA POMINI
LAURA ROCCHIETTA
RITA COSTANZA SABATINI
PETER STRATTON
VERA TAVONI
UMBERTA TELFENER
IVA URSINI*





AN APPEAL TO PEACE FROM WITHIN THE FIELD OF PSYCHOTHERAPY.

Peace is a collective act. In the name of this commitment, and as a community of systemic therapists, we choose to support peace and all actions that foster peaceful relations between all communities and peoples.

Systemic Manifesto

10 Statements for Peace, Justice and Responsibility

1. We are systemic thinkers—grounded in relationship, context, power, and meaning. Our thinking is not neutral; it is engaged.
2. We refuse silence in the face of violence. Neutrality becomes complicity when power is unequal and suffering is normalised.
3. We believe peace is not the absence of conflict, but the presence of justice, dignity, and mutual dialogue—never imposed.
4. We reject binary narratives of good versus evil. We see cycles of trauma and disconnection that require understanding and transformation.
5. We embrace complexity—not as an excuse for inaction, but as an ethical call to nuanced, responsible engagement.
6. We commit to naming power and privilege, and to challenging systems that sustain oppression—even when it is difficult or unpopular.
7. We centre multi-vocality. Every voice matters, especially those erased, silenced, or unheard. Dialogue is our practice.
8. We understand healing as both relational and political. No personal change is complete without systemic transformation.
9. We see all crises—war, injustice, ecological collapse—as interconnected, rooted in the illusion of separateness.
10. We choose to speak and act. Not from moral superiority, but from a deep relational responsibility — because another world is possible, and urgently needed.

SATURDAY 21 MARZO

Systems thinking as the foundation of peace

The first day, at Palazzo Europa, is dedicated to **theory and reflection**: international speakers discuss how systemic approaches promote peace, analyzing the **influence of family, social and environmental systems on well-being and growth opportunities**. The aim is to **stimulate dialogue** and collaboration between experts, students and citizens.



*Palazzo Europa, Via Emilia Ovest 101,
Modena*

SUNDAY 22 MARZO

Integration, art and sport

On Sunday, the conference moves to the La Fenice Center and focuses on **artistic performances and activities that promote youth integration and community engagement through sport and art**, in conjunction with an important round table.



*La Fenice Dance Center, via Canaletto
sud 17, Modena*



PROGRAMME 21 MARCH

08.45 – 09.00

REGISTRATION AND RECEPTION

09:00 –
09:30

GREETINGS FROM THE AUTHORITIES

PAOLO BELLUZZI, TAVONI VERA – UISP
FABIO BASSOLI, MAURO MARIOTTI – ISCRA

IL PROGETTO CITTÀ METICCE-BENVENUTO E
PRESENTAZIONE DEGLI OBIETTIVI DELLE GIORNATE

09:30 –
10:30

PHIL KEARNEY psychologist, systemic psychotherapist, founder
Green Party, Ireland, climate activist, eco-farmer, president of An
Taisce, Fifth Province Associates

**ECOSYSTEM PRACTICE: THE FIFTH PROVINCE'S
APPROACH TO PACIFICATION, TRANSFORMATION, AND
SURVIVAL**

10:30 –
11:30

PETER STRATTON, Stratton, Professor Emeritus of Family
Therapy University of LEEDS, UK

**LET IT HAPPEN: WAYS SYSTEMS CAN HELP SUPPORT
PEACE**

11.30 – 11.45

COFFEE BREAK

11.45–
12.15

HELGA HANKS, psychotherapist, psychoanalyst and systemic
family therapist, Leeds, UK

CHILD ABUSE AS A RESULT OF WAR AND CONFLICT.

**12.15–
13.30**

CINTHE LEMMENS, systemic psychotherapist, Leuven, Belgium

UMBERTA TELFENER, psychotherapist, President of EFTA

**SYSTEMS THINKING AS AN ETHICAL AND
EFTA'S ROLE IN PROMOTING MENTAL HEALTH IN
EUROPE.**

13.30 – 12.45

LUNCH BREAK

**14.30–
17.30**

IVA URSINI, systemic psychotherapist, former president of SIRTS,
member of the Board EFTA CIM.

WHY THE SYSTEMIC VISION PROMOTES PEACE

LIA MASTROPAOLO, systemic psychotherapist, SIPPR teacher,
family mediator, director of Il Metalogo, Genoa.

**FAMILY WARS AND STORYTELLING AS A TOOL FOR
INTEGRATION.**

RITA COSTANZA SABATINI Family psychotherapist, CSTFR
teacher, founding member of IPRA.

A METALOGUE BETWEEN HEALTH, PEACE AND SOCIAL CHANGE.

VALERIA POMINI, PhD, Psychologist – Psychotherapists, Co-Chair of
the Training Programs in Systemic Family & Couple Psychotherapy,
University Mental Health, Neurosciences, & Precision Medicine
"Costas Stefanis", Athens, Greece, past president HESTAFTA.

**THREE QUESTIONS ON SYSTEMIC THINKING AND PSYCHOTHERAPY
IN PROMOTING PEACE AND SOCIAL RESPONSIBILITY.**

LAURA ROCCHIETTA TOFANI: Psychotherapist, SIRTS member,
supervisor in the EMDR approach .

**PROFESSIONAL AND VOLUNTARY NETWORKS FOR INCLUSION
AND INTEGRATION AS A PATH TOWARD PEACE.**

**17.45 –
19.00**

All speakers: **Transfer to the reception room of the municipality
of Modena in Piazza Grande**

PRESENTATION OF THE **MANIFESTO FOR PEACE AND DIALOGUE
BETWEEN THE SPEAKERS AND THE AUTHORITIES OF MODENA.**

PROGRAMME 22 MARCH

09:30 –
10.15

PAOLO BELLUZZI

THE SOCIAL FUNCTION OF UISP IN INTEGRATION.

SERENA MIGNANO

THE "CITTÀ METICCE" PROJECT.

10.15–
12.00

Spettacoli artistici Sala da ballo La Fenice

YOUNG PEOPLE FROM THE CITTÀ METICCE PROJECT
TOGETHER WITH EDUCATORS: **THEATRE,
STORYTELLING, GROUP PERFORMANCES**

12.00–
13.30

INTERACTIVE CONVERSATION:

CHARLIE AZZOPARDI, Family Psychotherapist, Institute of Family Therapy of Malta.

CIGDEM ALPER, couple and family therapist. Yzmir Turkey.

RITA LATELLA, psychologist, family psychotherapist, director of the Institute of Relational Psychology in Abruzzo M.G. Cancrini.

Chairpersons:

TAVONI VERA, MAURO MARIOTTI

CAN SMALL ACTS MAKE A BIG DIFFERENCE?

FROM JOURNEYS OF HOPE TO YOUTH INTEGRATION, TO
THE PROMOTION OF HEALTH AND SOCIAL PEACE
THROUGH SPORT AND ART

LOGISTICAL INFORMATION

Registration and contacts: Tel. **+39 59 238177**
| **www.iscra.it** | **iscramodena@gmail.com**

- **Palazzo Europa:** easily accessible from Modena train station; parking available.
- **Sala La Fenice:** Via Canaletto 17 south Modena.
- **Consigliato:** Comfortable clothing for Sundays, with the possibility of actively participating.

*For a more
inclusive and healthier,
and a community that cares
about differences.*

